

Principle	Life Skills/Communication Skills	Values	Grade Level	Instructional Resources <i>(book title or website)</i>
Composure	Anger Management Delay of Gratification	Integrity	Kindergarten	Shubert is a S.T.A.R
			First Grade	Shubert is a S.T.A.R
			Second Grade	
			Third Grade	
			Fourth Grade	
Encouragement	Social Skills Kindness Caring Helpfulness	Interdependence Optimism Gratitude	Kindergarten	Shubert's Sees the Best
			First Grade	Shubert's Sees the Best
			Second Grade	
			Third Grade	
			Fourth Grade	
Assertiveness	Bully Prevention Healthy Boundaries	Respect for Self and Others	Kindergarten	Shubert's Big Voice
			First Grade	Shubert's Big Voice
			Second Grade	
			Third Grade	
			Fourth Grade	
Choices	Impulse Control Goal Achievement	Persistence	Kindergarten	Shubert's Choice
			First Grade	Shubert's Choice
			Second Grade	
			Third Grade	
			Fourth Grade	
Empathy	Emotional Regulation Perspective Taking	Honoring Diversity Honesty	Kindergarten	Shubert's New Friend
			First Grade	Shubert's New Friend
			Second Grade	
			Third Grade	
			Fourth Grade	
Positive Intent	Cooperation Problem Solving	Compassion Generosity	Kindergarten	Shubert's Helpful Day BoysTown Social Skills
			First Grade	Shubert's Helpful Day BoysTown Social Skills
			Second Grade	BoysTown Social Skills
			Third Grade	BoysTown Social Skills
			Fourth Grade	BoysTown Social Skills
Consequences	Learning from Your Mistakes	Responsibility	Kindergarten	Shubert Rants and Raves BoysTown Social Skills
			First Grade	Shubert Rants and Raves BoysTown Social Skills
			Second Grade	BoysTown Social Skills
			Third Grade	BoysTown Social Skills
			Fourth Grade	BoysTown Social Skills

Adapted from [Conscious Discipline](#) (9.15.2023)